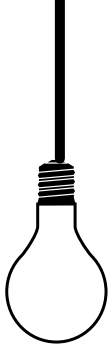


Study 9

# REST ASSURED

1 John 5:13-21

“ I write these things  
to you who believe in  
the name of the Son of God  
so that you may know that  
you have eternal life. ”



## Study 9

# REST ASSURED

### 1 John 5:13-21



#### Starter

1. 'Fake news' is a popular term often used to question the authenticity and neutrality of news reporting. What helps us to know something is true?



#### Read verses 13-17

2. To whom is John's letter primarily addressed? Why did John write to them?

3. What can the believer be confident about with respect to their prayers?



#### Read verses 18-21

4. John distinguishes between two kinds of sin. What is the difference and what does it mean?

5. What does it mean for God to 'give life' to a brother/sister?

6. Make a list of the 7 things in this passage that believers can 'know'? (See also verses 13-15)

7. How does verse 21 fit with the rest of the passage and the whole letter?



### **Apply**

(Answer all these questions personally, but as a group choose one or two to focus on.)

8. "I'm so filled with doubt. Is it possible to really know that I have eternal life?" In the light of this passage how would you respond to such a comment?

9. "I'm really struggling with a certain sin. As much as I try I can't seem to stop." In the light of this passage how would you respond to such a comment?

10. How does assurance assist our confidence in prayer? And our perseverance?


11. How should believers respond to sin within the church family? And why?

12. What might be particularly popular and dangerous idols in our world/culture? What are the idols of your heart? What practical steps can we take to 'keep ourselves from idols'?



## **Prayer Notes**



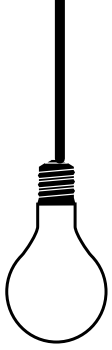


Personal Study

# REFLECTION & PRAYER

1 John

“God is light. ...  
walk in the light  
as He is in the light ...  
let us love one another,  
for love comes from God.  
... God is love.”



## Personal Study

# REFLECTION & PRAYER

## 1 John

Take a half hour to ponder personally and prayerfully what you have learnt from John's first letter.



### Ponder

In what way have you been challenged?

In what ways have you been comforted?

What will you repent of? What will you believe? What will will you obey?



### Prayer

In the light of the above, spend time in praise and prayer.